

Sample Letter to Physician Introducing HyFiber Liquid Laxation Program

Dear Dr. _____ :

We are currently evaluating HyFiber Liquid Laxation program in our facility. HyFiber Liquid Laxation is a soluble fiber with 11 grams of fiber per 30 mL. I have attached to this letter a copy of the *Bowel Management Starts Here* program.

We would like your residents to participate in this program and in order to do so request several changes to the Physician's Orders. We would like new orders to read:

Week One: Discontinue order all powdered psyllium fiber products and all fiber juice products. Administer 15 mL (5.5 grams of soluble fiber) given BID. Administer from medicine cup or add to 1/2 to 4 ounces of patient's choice of liquid. Document patient's bowel movement.

Week Two: Discontinue all laxatives and stool softeners. Increase HyFiber to 15 mL given TID via medicine cup or with 1/2 to 4 ounces of the patient's choice of liquid. Document patient's bowel movement.

Week Three: Increase HyFiber to 15 mL QID or decrease to 15 mL BID as needed.

A nurse from our facility will contact you for verification of phone order. If you have any questions, please feel free to contact me.

Sincerely,