

Are your patients with chyle leaks meeting their protein and calorie needs?

Gelatein® Plus and XtraCal® Plus with Medium Chain Triglycerides and Protein
Dietary Management of Chyle Leak.
“MCT Diet”

Dietary management for chyle leak involves adherence to a very low fat diet which restricts long chain fatty acids to reduce chyle production until the chyle leak has healed. Chyle is a rich source of calories and protein and loss of chyle can lead to protein-calorie malnutrition and impaired healing. Subsequently, calorie and protein supplementation is required to promote healing and replace chyle nutrient losses. Fortunately, fat comprised of medium chain triglycerides (MCTs) are absorbed directly into the portal circulation without stimulating lymphatic flow and have been shown to reduce the quantity and duration of chyle output. Gelatein Plus and XtraCal Plus contain both MCTs and protein making them ideal protein-calorie supplements for dietary management of chyle leaks.

References

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