

Dear Dr. _____:

We are currently evaluating the HyFiber Liquid Fiber program in our facility. HyFiber Liquid Fiber is a soluble fiber with 12 grams of fiber per 30 mL. I have attached to this letter a copy of the *Bowel Management Starts Here* program.

We would like your residents to participate in this program and in order to do so request several changes to the Physician's Orders. We would like new orders to read:

Week One: Discontinue all powder psyllium fiber and all fiber juice products. Administer 30 mL of HyFiber with FOS as a med pass or add to 90 mL of a beverage once per day. Document patient's bowel movement.

Week Two: Discontinue all laxatives and stool softeners. Increase HyFiber with FOS to 30 mL BID. Document patient's bowel movement.

Week Three: Maintain 30 mL BID or decrease to 30 mL once a day as needed or directed by a healthcare specialist. .

Tube Feeding: Mix with 30 mL of water. Infuse via syringe down feeding tube. Flush tube with 15-30 mL of water before and after administration. Can be mixed with enteral formula.

A nurse from our facility will contact you for verification of phone order. If you have any questions, please feel free to contact me.

Sincerely,