

ProSource® XtraCal

Fortified energy & protein modular

Neutral Flavor



- MCT oil for rapid energy

FEATURES AND SPECIFICATIONS

Kcal/mL.....	5.1
Caloric Distribution (% of kcal)	
Protein	23%
Carbohydrate	15%
Fat	62%

Protein Source:
Hydrolyzed Collegen
Whey protein isolate

Fat Source:
Medium Chain Triglycerides

HCPCS Code: B4155

Appropriate for these diets:
Lactose Free, Gluten Free, Low Residual, Low Sodium, Chyle Leak Diet and other Fat Malabsorption Diets

Can be used orally or through feeding tube.

Allergen: Milk

Shelf Life: 24 months

Ordering information:

Item Number	Case UPC	Billing Code	Packaging
16866 Neutral	5-07-94688-16866-8	94688-0168-66	50/1.5 fl. oz. packet

Each serving contains:
230 calories
14 g of protein

Add to soft foods for increased nutrient density: Yogurt, Applesauce, Shakes, use as an ice cream topping.

Not a sole source of nutrition.

A Medical Food
Use under medical supervision.

NOT FOR PARENTERAL USE

**ProSource XtraCal does not provide the recommended daily dose of essential fatty acids.*

FOR THE DIETARY MANAGEMENT OF UNINTENTIONAL WEIGHT LOSS

ProSource® XtraCal is uniquely formulated with a special class of fatty acids called medium-chain triglycerides (MCTs) along with hydrolyzed collagen and whey protein to yield a preferred pattern of absorption.^{34,35,36,37}

MCTs are well tolerated and are easily digested, absorbed and utilized. Once they enter the blood stream they are transported directly into the liver where they can be rapidly converted for cellular energy.

Scientific studies have shown that MCTs benefit patients suffering from:

- Malnutrition
- Chronic diarrhea
- Fat malabsorption
- Short bowel syndrome
- Weight loss caused by HIV/AIDS
- Decreased pancreatic lipase
- Decreased bile salts
- Intestinal lymphatic obstruction
- Fluid restricted diets

MCTs require less energy for absorption, utilization and storage. Stressed or critically ill patients have a decreased ability to digest long-chain triglycerides (LCTs), which makes MCT oil a better calorie source. Unlike standard high-calorie supplements, whose reliance on excess sugar for calories can heighten inflammation during critical illness, the MCTs in ProSource XtraCal promote weight gain without contributing to hyperglycemia or the inflammatory response in metabolically stressed or diabetic patients.

Dosing and Administration

Oral: 1 packet can be mixed with hot or cold foods and beverages.

Tube Feeding: Dilute 1 packet with 120 mL of water. Administer slowly via syringe. Flush tube with 30 mL of water before and after administration. **Do not mix with tube feeding formula.**

Ingredients: Medium Chain Triglycerides, Protein (from collagen hydrolyzate and whey isolate), Water, Sucrose, Sodium Acid Sulfate, Phosphoric Acid, Natural Flavors, Tartaric Acid, L-Leucine, L-Tyrosine, L-Methionine, L-Histidine, L-Isoleucine, L-Tryptophan, Potassium Sorbate and Sodium Benzoate (preservatives), L-Lysine, L-Threonine. **Contains Milk.**

Nutrition Facts

1 serving per container

Serving Size: 1 packet (45 mL)

Amount Per Serving	
Calories	230
	% Daily Values*

Total Fat 15g **19%**

Saturated Fat 14g **70%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 65mg **3%**

Potassium 14mg **0%**

Phosphorus 79mg **6%**

Total Carbohydrate 10g **4%**

Dietary Fiber 0g **0%**

Total Sugars 10g

Includes 10g Added Sugars **20%**

Protein 14g

Vit. D 0mcg 0% • Calcium 0mg 0%

Iron 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.