

# Cafe Parfait® Desserts

Single-serve trays



- Thaw and serve

## FEATURES AND SPECIFICATIONS

**Allergen:** All contain milk and soy. Mint Patty and Variety Pack also contain wheat

Store frozen at 0°F or below

Meets National Dysphagia Diet Standards.

Aligns with IDDSI Level **4** **PUREED**

Also suitable for mechanical soft, chopped and ground diets.

Proven more cost effective than preparing from scratch.<sup>40</sup>

\* *Chocolate Mint Patty is not gluten free*

Variety Pack may contain:  
Apple Cobbler, Strawberry Cheesecake, Lemon Cheesecake and Chocolate Mint Patty

### Ordering information:

Item Number	Case UPC	Packaging
20072 Apple Cobbler	507-94688-20072-6	24 - 3oz. servings
20073 Strawberry Cheesecake	507-94688-20073-3	24 - 3oz. servings
20074 Lemon Cheesecake	507-94688-20074-0	24 - 3oz. servings
20075 Chocolate Mint Patty	507-94688-20075-7	24 - 3oz. servings
20089 Variety Pack	507-94688-20089-4	24 - 3oz. servings

## CONVENIENT SINGLE SERVE TRAYS

**Each supplement provides at least 9g protein and 200 calories or more!**

Café Parfait® is a bold new type of supplement which also happens to be suitable for the dysphagia diet. Reduce supplement waste caused by taste fatigue and unrealistic volume. Instead of another boring shake, give your patients a tasty treat. Just thaw and serve!

**Made with real food!** No hidden MSG, or egg fillers. We use great ingredients and have visually appealing shapes to create a range of appetizing purees which deliver the look, taste and aroma to maximize patient consumption.

For a complete listing of all ingredients, preparation instructions and video training preparation tips, please visit our website: [www.medtrition.com](http://www.medtrition.com).

### Nutritional Information:

Description	Portion grams	Calories	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbs	Dietary Fiber	Total Sugars	Added Sugars	Protein	Vit D	Iron	Phosphorous	Calcium	Potassium
3oz Apple Cobbler	85g	200	8g	4.5g	0g	10mg	65mg	22g	1g	15g	7g	10g	0mcg	0.3mg	3mg	20mg	260mg
3oz Strawberry Cheesecake	85g	220	10g	5g	0g	25mg	110mg	21g	1g	16g	13g	13g	0mcg	0.2mg	0mg	30mg	160mg
3oz Lemon Cheesecake	85g	220	11g	6g	0g	20mg	180mg	22g	0g	16g	14g	11g	0mcg	0.1mg	10mg	30mg	160mg
3oz Chocolate Mint Patty	85g	220	11g	6g	0g	25mg	115mg	20g	1g	16g	14g	11g	0mcg	0.6mg	0mg	30mg	170mg